

Holy Communion

INVITATION

The table is set. Welcome to a strengthening meal for the coming days.

CONFESSION AND PRAYER

Merciful God, you who in Christ opens the door to you and wipes out all the sins of the world, I pray: Cleanse me and I will be clean, heal me and I will be healed, draw me to yourself and my heart will have peace.

HOLY COMMUNION PRAYER

God of life, creator of heaven and earth. In you we live, move and have our being. You sent Jesus to our world because you in your love wanted it. Through him you open the way of reconciliation for us. The night Jesus was betrayed he took a bread, thanked you and said: This is my body sacrificed for you. Do this in remembrance of me. In the same way he took the cup after the meal and said: This cup is the new covenant through my blood, every time you drink of it do it in remembrance of me. This mystery of faith we celebrate.

Christ has died.

Christ is risen.

Christ will come again.

Through your Holy Spirit we remember what Jesus has done for us – in life, death and resurrection. Through the harvest of the fields and the grapes of the mountains you give us a taste of the heavenly feast. Come and make this meal divine. Feed us with your grace, fill us with your holiness and let us grow into the love that sets us free.

THE MEAL

A PRAYER OF THANKSGIVING

We thank you, Jesus Christ, for the heavenly bread and the wine of reconciliation that you give us for the sake of life. Your presence we have seen with our eyes, touched with our hands and felt with our lips. You give yourself to us. Now we give ourselves to you and others. Let the meal we have shared strengthen us to walk the way of holiness where the goal is your heavenly joy. Amen.